

Feel The Fear & Quit The Day Job Anyway!



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Introduction

I quit my first day job in 1993. It was well paid and I'd loved it for a decade. I had no visible means of income and no real plan.

I just knew the time was right.

At a personal level, my first marriage had badly broken down and so I was ready for a change. There were political moves afoot which were bringing about major changes in the health industry I'd worked in since the mid 1970s.

So there was a kind of perfect storm for me, but those were not the real reasons I decided to quit. I knew that I had a passion for writing and teaching personal development, (as well as a flair for it), and it was time to step out of the shadows and into that particular limelight.

The only problem was, I had no idea how to do that.

I put my trust in a concept I'd only just heard about in those days: the Law Of Attraction.

If we could create our reality with our thoughts, then I was up for that! I'd always been a great thinker and I was sure I could harness the power. How hard could it be?

Hmmm.

Well, it was challenging financially, I'm not going to lie. But I did make it. My home was never repossessed, I never begged for food or had my utilities cut off.

And amazing coincidences *did* happen!

Two lodgers showed up, (without a single advertisement or even asking friends), and so I was able to pay my mortgage.

Money came unexpectedly from all kinds of sources I could never have anticipated.

People I barely knew turned up in my life, (on one occasion for a mere two hours before disappearing forever again), and changed for the better the entire course my life was taking.

There were so many tales that I couldn't possibly tell them all here. Maybe someday I'll write my memoirs and reveal them all in detail, but for our purposes what you need to know is that I not only survived. I had a *ball*.

Now, I know that at this point you are already protesting. "But I have kids!" "It's all right for you ... you had ..." (You can fill in the blank.)

There are countless reasons why you can claim you can't do this.

I will only say to you at this point that it's your life. And to remind you that you're reading this for a reason! Since we're only at the introduction, give me - and yourself - a chance, okay?

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With that said, I have to issue a disclaimer to protect both of us.

Disclaimer

The contents of this book are based on my personal experience and beliefs. There is clearly no guarantee of any kind that your experience will mirror mine.

If you choose to quit your day job, (or take any other decision), I cannot and will not be held responsible for any action you take or consequences thereof.

The intention of this book is to inspire, but it should not be construed as advice. In other words, any action you choose to take is done so entirely at your own risk.

With that said, let's get started!

The Huge Decision You're About To Make

You are employed. Maybe you have reached a high rank and you bring home what is considered by many a “good” salary. You enjoy a reasonable life style - not luxurious, but you have a home with a few extravagances in it, maybe an air conditioned car, and you can take a few weeks off each year somewhere that you love, perhaps on a tropical island, or maybe a ski resort - something that costs a little extra than the basic, but is worth it.

Your life is okay. You probably have a mortgage, and it's reasonable to imagine that you have some credit card debt, and a store card or two, maybe you owe the bank a little money too. But you manage. Like many millions of people throughout the western working world, you manage from paycheck, (paycheque to my English readers), to paycheck.

It's relentless. You couldn't possibly let go of your job, and one of your worst nightmares is the thought of redundancy. Your world would fall apart without your income - your *job*. You'd love to give it up, of course. Your opportunity for ever fulfilling your dream of becoming a singer/artist/writer/philanthropist/overseas worker/world tourist/philosopher/teacher ... or whatever ... is ticking away with each passing year. And yet there is no escape. If only you could win the lottery. If only one of those business opportunity circulars that turn up with monotonous regularity in your email and actual mail would really work. Maybe you've already wasted thousands of dollars or pounds on them. The only people who

seem to get rich on those are the clever smart alec's who write them.

I'm here to tell you right now that there IS A WAY OUT.

The problem has not been with the job or that the "biz ops" don't work, (some do - and I'll show you later how to analyse them). The problem has been with the way you've been looking at the problem. It's true that you do need your income. But I can tell you right now that you don't need your job! We'll dismiss out of hand any prospect of winning the lottery, (play it by all means, but please realise that it's in the spirit of fun. You are almost certainly going to lose your money, and if you do win, you can throw this book away along with all the others! Until that day though, maybe you should keep reading....!)

As you go through this book - and I really do recommend you go through all of it - I will show you how to replace your income so that the very worst that happens to you is that your way of life doesn't change significantly from the way it is now, except that you are not restrained by the confines of a job. (Please see my disclaimer, by the way - only you can be responsible for what actually happens to you! I cannot and will not accept responsibility for you acting on information or ideas in this book. My personal experience, and the experience of many people I've met in the last fifteen years from a wide variety of walks of life, is that you can better than survive easily without the drudgery of 9 to 5 slavery known as employment. Okay. Point made).

I am going to set out first and foremost the personal issues you need to deal with. To hand in your resignation letter today without adequate preparation would be foolish in the extreme - NOT as you might expect because the money will dry up, but because of the sheer onslaught of criticism you will receive from many quarters, and because the level of anxiety you will personally experience will paralyse you. Believe me, I should know - I did it the hard way. Learn from my mistakes!

Then, in part two, I will go through in detail ways of creating and attracting all the money you need. I will tell you personal accounts of how I made half a year's money in eight days on one occasion amongst others - stories that will make your mind boggle with wonder, but mostly I want you to get the point right here from the outset that from within a job such phenomenal results would be impossible.

I'll also show you, as I've mentioned, ways of creating money "in the background" so that you can go about the business of following your dreams whilst your bank account gets topped up automatically. Most of these are linked with ways of making money online - something which was not possible when I began my adventure without employment back in 1992 - so I will give you some ideas that you can use if the internet does not appeal to you as a way of making a living, or at least, part of it.

I'm going to be honest with you too. It is not always a bed of roses, but then neither is a job. But I will tell you some of the pitfalls, (so you can avoid them), and I will share with you some of the scarier moments. For me, as for countless others I've met and heard of along the way, the downsides of having

no regular job are far outweighed by the freedom to choose how to spend huge amounts of one's time, including when and for how long to take breaks, what time to get up in the mornings, (or maybe you prefer afternoons?) And so on. Money can govern your thinking and your life to some extent, since you must continue to pay the bills and to feed yourself and your family, but it is still far less dominating a task master than a job ever was.

As for making a fortune, well you might. You stand far more chance of doing so from outside the realm of employment than you ever did from within it, since jobs by their very nature are designed to keep you coming back again and again, and so pay you just enough to stop you being hungry but never so much that you can escape. But escape you **MUST**, and you will, my friend, you will. But even if you don't get wealthy, who cares? The point of wealth is surely not so that you can have more things, but so that you can have more freedom to choose what to do with your life. You are going to give yourself a level of that from day one, and then all you need to do is to decide how many more levels you'd like to climb. Even the sky is no longer a limit!

When I began my adventure in 1992 I thought I was the only one. I really expected massive opposition from my friends, family and ex-colleagues. Whilst most expressed some concern for me, however, they almost all told me how envious they were. I had no thoughts of making myself wealthy back then either. I simply knew my time at work, which I had thoroughly loved, (to the point at times of wishing I could work on my days off), had come to an end. I had risen to the top of a particularly specialised tree at that time, (adolescent

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psychiatry), and with political and internal changes that were going on then, I could see there was nowhere else for me to go in that career.

My Story - To Inspire Yours!

I quit my day job in 1993 after almost eighteen years of full time employment in the National Health Service in the UK. I held a well paid management position, and from an employment point of view the world was my oyster. It was an entirely conscious decision and one I've never regretted. I did it because I wanted to reclaim more of the most precious possession I believe any of us have: time.

You should know that I had no savings, no money in the bank and a large mortgage and other debts too. You should also know, that although I won't deny there were some hair-raising moments along the way, I have always kept up payments on everything.

You may want to argue that I had no other responsibilities, in terms of other mouths to feed, and I will address that point in full shortly. For now let me say that I believe I would have made the same decision sooner or later if I had had family dependents anyway.

As I have said, the reason I did it was because I wanted more time. But of course, I also wanted a quality of life. People who live on the streets begging for food doubtless have more time on their hands than they know what to do with, but certainly they do not have a quality of life that most people, and certainly I, would not envy.

Did I want a champagne lifestyle, then? Luxury yachts and properties on several continents? Or fame and fortune? Well, no, not especially. I would not have turned down more money if it had shown up, and that remains the case to this day.

What I wanted was to be able to maintain *at least the lifestyle I had* - which is to say a warm, comfortable home complete with the freedom of a decent, if modest but reliable car paid for and in good running order, a larder well stocked with nice food, and a regular social life which includes being able to buy my friends a round of drinks or invite them to dinner without having to worry about the cost.

I have studied literally dozens, (possibly hundreds by now), of plans and schemes designed to get you rich quick, quicker or almost immediately, and I have learned how to analyse them so that I know what works and what does not almost before I've opened the envelopes, or often these days, the email. To date, none has actually made me rich, and I will be going into considerable depth about how I think these "biz ops" as they are known should be regarded: and be assured, I will not be throwing the baby out with the bath water - some are definitely worth some of your time, attention and money, whilst there are many which most assuredly do not. Whilst mine is, of necessity, a very personal view, I will be showing you how to look at them, how to choose the good from the bad and the downright ugly, and how to know when it's time to give up on one also!

So that you know exactly where I'm "coming from", I'd better define a couple of terms here. A "job" is something I define as a contractual obligation where you sell a large portion of your

time in exchange for an agreed amount of money, usually paid by the hour. This contract will also include clauses that mean you are obliged to a limited amount of free time, including holidays, and there is also very limited capacity for you to increase the amount you actually earn, except by selling even more of your time, either to the same employer, or to someone else. These conditions can also apply if you run or own your own business, inasmuch as there may be a very low limit of profit, if any, especially in the first few years, and therefore nothing from which you can pay yourself.

“Work” is an entirely different term. Ideally, work, which is that set of activities for which I get paid, should also be the same things I love to do anyway, so that it is virtually impossible for me to tell the difference between work and play. I once heard Paul McCartney interviewed as he was embarking on a world tour to accompany the release of one of his albums. I think he was aged fifty something at the time. The interviewer asked him, “Why do you keep doing this? You surely don’t need the money!” McCartney’s answer was as succinct as it was revealing. He simply said, “I’ve never done it for the money.” With Lennon and the other Beatles he was simply doing what he loved. So many millions of people around the world loved it too that the money for the work he has done will doubtless continue to be paid for many generations after his death!

You need to understand that I am not telling you that I have shirked work for fifteen years. Quite the contrary, and where necessary, I have sold my time by the hour, but I have steadfastly resisted the kind of contractual obligation where I am required to turn up day in, day out wearing the outfit that

suits my employer or recognised status, be told when and even what I may eat, and am looking over my shoulder to see if anyone in charge notices if I skip off ten minutes early in a desperate attempt to reclaim the tiniest portion of my - that's MY - life!

Here's what I know for sure. The first was, is and remains the fact that from the moment I took this decision the reaction I have most commonly had from men and women of all ages and from many walks of life has been astoundingly consistent. They say: "I wish I could do that." To which my response has always been, "Well, you can." They then proceed to tell me a series of reasons and excuses why they believe they could not, and why it's apparently "easy" for me! I have realised over the years that these "reasons" and "excuses" boil down to a few similar things, and I will show you how to overcome every one of them - and more.

The second thing I know for sure is this: after fifteen years without a regular "day job" you definitely don't need one. You can still have a reasonable life style - the kind most people are satisfied with and many envy, and you have the potential for creating a luxurious one, which is almost impossible from within the confines of most jobs. There just isn't enough time or energy left over for that, and once you include family time and social time, your life is going to drift by with dreams unfulfilled, unless you discover a way of doing without sleep - which I most certainly would not be willing to without in ample quantities myself!

So here it is. If you want to be wealthy, you can be. And there is absolutely no need to be poor or to compromise your

present life style just because you don't follow the herd into 9 to 5 drudgery.

Let's turn our attention first and foremost to the question that's going to be at the top of everyone's agenda I imagine, which is, "How the hell do I get money if I don't work?"

Okay - there are two concepts in that question that I'm going to pick the bones out of so that we're all clear that we're singing from the same song sheet, as the saying goes. The first is money, and the other is "work".

What Money Is. (And What It Isn't!)

Here's what money is, are you ready?

Money is a figment of humanity's collective imagination.

In the real, physical sense, *it simply does not exist!*

Of course, even if you agree with those statements, (and you may not quite yet), I do not mean to suggest that you can do without it. You absolutely can't - not unless you want to live as a complete hermit, and that is not the idea behind this book. But once you get your head around those concepts they become very useful to us, not least because they will help to loosen your grip on where money comes from - particularly in your bank account.

In case the statements I made about money aren't immediately obvious to you, let's take a moment or two to review them.

In the beginning, I suppose, a few folks began to agree that it was just too darn' difficult to come up with the exchange value of one goat. Or one acre of corn. Or whatever. So they invented a token system. So many tokens for a goat - agreed by all neighbouring villagers - made life so much easier. Where did the tokens come from? Well, you shoe my horse and I'll give you X tokens instead of half a goat - easy eh? Then you can go and get some bread from the baker without having to wait until his horse is lame, because the baker

knows he can exchange the exact same tokens you give him for paying the thatcher to mend the hole in his roof.

Now, I know you don't really need me to explain all of that, but can you see that the tokens themselves have no actual value except that agreed by a group of people? You can't eat the tokens themselves, or sleep under them, and they will not of themselves keep you warm. But you can exchange them for all of those things and many more, provided you, the customer, and the vendor agree on how many tokens you are going to exchange for his goods or services.

We have now arrived at a ridiculous situation where the "gold standard" has long been abandoned, (gold being the one substance that the majority of the world was willing to agree would never lose its value), and the tokens themselves have, for the most part, become an exchange of electronic impulses between some numbers at your bank and those of the supermarkets, or wherever you happen to be shopping. This becomes even more obvious when you examine online shopping. No physical money changes hands at all. We simply agree that you have, say, 100 tokens, the vendor has 100 tokens too and then you buy something from him for 10 tokens. Now we all agree that you have 90 tokens plus some item or service, and the vendor has 110 tokens and as long as he supplies you with that item or service, everyone's happy.

It's all in the perceived value, you see. If you see that that vendor has something to offer and you consider it a bargain at 10 tokens, you're happy to buy. If he, on the other hand, is a known rip-off merchant and you know that Vendor Bloggs

sells the same item for only 5 tokens, guess where you'll take your business!

The bottom line is, things are worth what most people will agree they're worth. Computers have dropped massively in price since they first hit the home market because demand for them increased so much. Air fares have been forced down by the "budget" airlines cutting costs. And I'm sure I don't need to list examples of things whose price has increased in the last ten years, let alone say since the end of World War Two.

I thank you for reading through this lecture, because there is a point to it - a very important one for you. It is this: *You are worth what the world perceives you to be worth.*

You, yes you, are a commodity in your own right, and if you want to continue to bring in an income you'd better start realising that other people value you, and many of them will pay you, sometimes handsomely, for various aspects of what you can do and what you know.

Hopefully, I have now dealt more than amply with that topic, so let's quickly get the other one out of the way so that you can get to the nitty gritty of this book - the business of how to give up your day job without waiting til you're wealthy! That other topic is, of course, work.

What Work Is (And Isn't!)

Work, that four letter word that so many of us hate, is not something I am going to tell you to stop. This is not a book about how to be a layabout. What I am presuming you want to be free from is *selling your time - that is your life - by the hour for a fee decided by your employer.*

For most of us, that is the model of work we are familiar with. It is probably the one our fathers and grandfathers knew, and until recently it wasn't a bad model on which to run the world of commerce I suppose. It got things done, but even then, there were plenty of people who got rich, (and possibly idle), whilst others slaved for them. Well, toiled anyway.

The problem with this model is that you cannot get rich on it. There are only so many hours in a week that you can sell without actually being sick, and there's very much an upper limit as to what you will be paid for selling your time in this way. Whilst you're selling it, (that is, being at work), you cannot do anything else, and you cannot get it back - ever. And that's the other problem with this model - it eats your life up. I cannot remember the exact statistics about the average life expectancy after retirement, but I know they're shocking. My own father had just eight years before he dropped dead at the age of 73. What I'm interested in is life *before* retirement!

That kind of work should feel joyful and fulfilling to you. You should be able to exchange your knowledge or skills when you want to and for a fee you decide. Moreover, whilst you're doing that you should be counting your blessings as to how lucky you are to be doing what you love. That's *my* definition

of work, and I hope you like it, because that's what I'm going to be showing you how to do - starting today - in the rest of this book.

With me so far?

Then let's go!

Preparing to Quit

Quitting your day job, it goes without saying, is a massive and momentous decision, so you need to be properly prepared.

This isn't simply a case of handing in your notice and hoping everything will be okay. When I say you need to be prepared, I mean that quite literally - you need to prepare *yourself*. The next few months and years will be a personal odyssey like no other. You will learn and grow massively. You will discover your resourcefulness. You will unleash veritable tsunamis of creativity that at this moment you couldn't even dream you possess! You will learn very quickly - because your survival may depend on it - to "think outside the box." You will also discover your own limits. There will be times when you will be exhausted, times when you will feel like giving up. By contrast, there will be moments of triumph and joy as you experience breakthroughs, successes and watch plans that were little but dust burst into joyous bloom.

For all of this you need to be fit. Physically too, you need to be in good shape. Not an athlete, (unless you plan to make your livelihood in some way dependent on your physical well-being - by playing a sport perhaps), but reliable and constant good health is a most definite plus. You can make a living if you're sick, but of course it's a lot tougher.

Mentally, you are going to have to know how to face resistance, how to say yes or no to opportunities, (you can practically drown in them), and how, perhaps above all, to sustain the roles you already have with your family. Husband or wife, lover or parent, child or sibling - all these people will

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now watch you with bated breath. They will want and need you to succeed. Some will be jealous if you do and gloat if you don't. They will be afraid of you failing if the food on their table has depended on you up til now. But most of all *they will want you to stay the same!* Let's get you ready for them first, because without them on your side you cannot even begin this adventure.

Gaining the Support Of Friends & Family

Although there were one or two people who told me how stupid I was being when I quit my job at the end of 1992, most told me I was brave and let me know they were envious. “I wish I could do that” was the most common response I heard. Of course, I told them they could - all they had to do was write a letter of resignation and hand it to their employer.

But of course, they would point out that they had children to feed, mortgages to pay and a plethora of responsibilities that made such a course for them impossible. I have always respected this point of view - no course of action is good for everyone - but over the years I have felt increasing sadness at the sheer number of people who have let their dreams go because they believe they are imprisoned by the kinds of circumstances I have named above. They go on to bring up their children to follow *their* dreams, but of course the children end up following not the advice, but the role model!

If you are someone with a family, there is no question that they must be first in your considerations. You are putting not only yourself on the precipice of uncertainty, but them too, of course. However, that's *all* it is. It's just uncertainty. When I joined the British National Health Service in 1976 everyone would have agreed that I had a job for life - still a highly desirable benefit in those days of any employment. Thirty years later, well within my working lifetime had I stayed, and there are reports in newspapers all over the country of nurses being made redundant, nurse agencies who cannot get nurses enough work and so on. There *is* no certainty! Well, actually, there is, but it's not in the job. Certainty is a state of mind.

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Once you have certainty that you can bring in your income without your job you will transmit that to those who are terrified of what you are about to do. Certainty is the state of mind you must be in before you hand in your notice, so let me get you there!

Getting Certainty.

Okay, let's take stock for a moment. You want to quit your day job ... why? Because you're a lazy idle good-for-nothing who thinks the world owes you a living? Absolutely no! You want this because you want the time and the opportunity to follow your dreams, to fulfil whatever purpose you feel you came here for. Maybe you want to sing or paint or dance. Maybe you want to write books or teach languages or become the best cake baker in the world. Maybe you want to set up a new counselling service or start a charity or travel the world. Any or all of these things - and many, many more - are available to you well ahead of your retirement age, and without you being wealthy, but your job stands in your way. Without it you are free to follow dreams such as these, but of course, it in turn enslaves you because it appears to be the source of your money.

We've touched on this already, but let's get this absolutely clear right now - your job is not the source of your money - *you are!* You may be anything from the most unskilled of labourers to a rocket scientist - I don't care - but the reason your employer pays you is because you're you. You show up. You perform whatever tasks are asked of you. You are reliable. You get on with your colleagues. If you have been there a while, you have irreplaceable experience. Maybe you coach the newer recruits, even if it's just with a smile and showing them where the coffee is kept. You, *you* my friend, have intrinsic qualities and values you may not realise! Oh, you can be replaced by a machine? No, *you* can't. A task you do maybe can, but your style, your knowledge, your uniqueness cannot be replaced. (Hell, husbands can be

replaced by vibrating toys, but women still seem to prefer guys!)

People will give you money for being you - but you have to get a little more focused than that of course! Certainty comes from an inner knowing that no matter what happens *you* can make something occur that will ensure your survival. It also helps to have a little insight into the workings of the universe!

The Laws Of The Universe

I don't want you to get the idea that I'm claiming to have some divine insight, or even that I am God Himself, but I have studied some of the modern and ancient spiritual teachers and teachings - and there are some things on which they pretty much seem to agree. If you hold any religious beliefs you shouldn't find any of the following conflicts with your understanding, and if you hold no particular beliefs you should find the following of some comfort. I can't prove any of it to you, in the scientific sense, but you will be able to relate what follows to your own experience of life.

To be quite truthful, I don't suppose I know all the Laws of the Universe. I am familiar with one or two that seem to matter and to directly affect my life, however. The law of gravity is so taken for granted, for instance, that in everyday conversation it is almost never mentioned. (Should we ever find a way to control it, however, I am ready with my product. You would be able to weigh less at will without changing a thing about your diet! How about that?) But it's there, and we all know it.

Since "The Secret" was released in 2006 the Law of Attraction has become better known and at least entertained as an idea in people's minds.

However, to my way of thinking, the fact that there is such huge demand for more and more works about the Law of Attraction is a sign that people are still in need of convincing that it's true, or that at least it can or will work for them.

Most people still experience life as “just happening” to them, pretty much regardless of what they do.

Furthermore, there’s a hidden psychological advantage in *not* believing in the Law Of Attraction.

To claim, “I couldn’t help it” when things go wrong is both powerful and sympathy attracting. It’s also very convenient to believe that you are a victim of your genes, circumstances or just bad luck.

Convenient, but utterly disempowering.

If you are going to succeed without your day job, you’ll need to give up those stances. Now!

For my money, the jury is still out on whether or how much we are responsible for creating all of our reality.

However, there is no doubt in my mind whatsoever that we can and do create our own state of mind, and that that in turn has a direct effect not only on how we feel, (which will determine how we behave), but also on others around us.

Optimistic, lively, upbeat energy is attractive - in every sense of the word. Whereas, by contrast, negative, worried people tend to drive others away and doors will close to you if you take that posture.

Assume the following: to some degree you can help pretty much everything, and where a situation really does arise without any apparent connection to you, it is best to assume that somewhere within you is the ability to come up with at

least a partial solution, if not a complete one. If it's affecting you, you ALWAYS have some level of control.

And if you can't find a solution, you can *always* choose a different way to respond to it. (This is the true meaning of the word "responsibility" - which is really "response-ability.")

Now, at this point, people tend to come back with counter arguments and I could fill a whole other book with the "but what about when such-and-such happens" questions. There is no way I can cover every nuance of every possible eventuality. There are forces which you clearly cannot control: the weather, for example, or the health of a loved one, the death of a pet and so on. But you can influence the way others respond and are affected. You can bring comfort or serenity or wisdom or humour or love - and so on - into any of those situations.

What you need to know about the Law Of Attraction is remarkably simple: be attractive! That's it! Attractiveness has very little to do with looks. I have known, as I daresay you have, some wonderfully physically attractive people who drive others away with their vanity or their insecurity or jealousy or some other character trait that simply makes their existence a walking tragedy. Getting close to them, romantically or in business or friendship, is simply not an option.

On the other hand, there are plenty of people who are quite ordinary looking who bring light into whoever is lucky enough to have their life touched, however briefly, by them. These people tend to smile a lot, not just by baring their teeth, but

with their entire being. Their step is light, almost as though they're dancing when they walk. They see the good in others that you might not have noticed, or they bring it out of them. They always seem to find a way through adversity, and it seems that when distress visits their lives, it isn't that they suffer in silence, it's more that they don't suffer at all: they simply get on with whatever needs to be done.

I'm trying to paint characteristics here rather than hold up role models. Personally, I'm not like either of these extremes, but I constantly keep vigil on myself to make as sure as possible that I'm tending towards the second example.

I have yet to come across anyone who told me that they solved a problem by worrying about it. Worry is useful for maybe ten seconds. It alerts you that there is a conflict or challenge which you need to resolve. Having noticed the red warning light, you simply go about fixing it - and to do that you must come from a place within you where you believe you have the capacity to find a fix! (Even if that means phoning a friend who can do the actual fixing - it's the knowing where, when and how to start the ball rolling that counts).

The Laws You Need To Know

First, the Law Of Attraction of course.

This law does *not* state that you can have whatever you think about just because you want it!

I've told you already that your task is to *be attractive*. In other words put out positive energy. Be upbeat. Make people smile. Inspire them. Involve them. Encourage them, praise and thank them ... in other words *add value to people's lives*.

The law of attraction does not give what you want - it gives you what you *are*.

If you put your head in your hands and fret and worry about your future, I can assure you now you won't make it.

Secondly, the Law Of Interconnection.

I don't know if there is such a term, but the law exists even if I did just make up the name.

The intelligent power that creates worlds and daisies and turns acorns into oak trees is not separate from you and will not - *cannot* - abandon you.

You are not alone! You don't have to believe in God or be religious to know this. (And if you are religious, then trust the God you have faith in is with you too - always.)

By aligning your energy and your intention to follow your heart and turn your dreams into your reality you are shifting invisible forces.

Again, this doesn't mean you lay on the sofa waiting for miracles to show up. It means act on your intuition, listen to the whispers and follow up ideas if they feel good.

They won't all lead to a breakthrough, but you will have an adventure. Do it all in the spirit of fun!

Third, the Law Of Opposites

I include this to let you know that there will be dark days. Sometimes there may even be dark weeks or even a dark month.

A path with no challenges would hardly be worth travelling, would it?

I don't mean that for every good day there's going to be a bad one, but to reassure you that when the dark ones come you *will* get through it.

Remember, all things must pass.

The “Quit Your Day Job Formula”

Of course, there can't be an actual formula that everyone can follow which is why I've put it in quotes.

However, there are some positions you can adopt which will serve you in taking this momentous step, should you decide to go for it.

1. You can't half leave. By this I mean you really have to make a full commitment to making the big change or commit to staying where you are. Imagine trying to half move house! It would be utterly confusing - and almost certainly pointless.
2. There's no shame in staying put. Quitting your day job isn't something to try in order to prove a point. You have to be passionately driven, (as I was), and feel that your life will not be fulfilled unless you give your dream a serious try.
3. Catch yourself being negative - and stop it! You will be negative sometimes. There will be moments when you think it's all coming apart or even that you're failing. (Notice, that's very different from telling yourself you are the failure - *never, ever do that!* You can't be a failure as long as you're breathing and not quitting.) But you will have negative thoughts sometimes. Don't beat yourself up - that only fuels more negative thinking! Simply notice when you're doing it and gently remind yourself you have a choice. You don't have to think that way. Then remind yourself of all the times in your life when you've triumphed, pulled a rabbit out of a hat or in any way succeeded against the odds.

4. Practice meditation. There is no substitute for the silence and serenity of meditation. All your thoughts and ideas spring from that silence, but that isn't the reason to do it. It's healing, problem solving, soothing and it unites you with that universal power, whatever you call it. If you don't meditate now, learn! And make it part of your daily routine, like brushing your teeth!
5. Allow others to oppose you, but don't encourage them. Look, you're doing an outrageous thing in the eyes of much of the world. You will encounter naysayers - mostly their comments come from envy! Some will be genuinely concerned for your welfare, so they're coming from love, but also a negative belief, because they can't imagine themselves doing what you're doing. Once you've decided, you've decided. Keep your eye on the prize. Thank the naysayers and gently remind them it's your life to choose to do as you wish with. They'll soon stop - or follow your lead!
6. Be willing to do whatever it takes. Giving up your job doesn't mean an end to work! There are days when I put in a ridiculous number of hours - but that's not a problem because I'm doing what I love and I'm doing it for the best boss in the world - me! You will need to work sometimes without proper breaks, but it's not forever and the cause is the best one there could possibly be! You are finally building *your* dream instead of selling your life building someone else's!

Your Future In Your Hands

Now it's over to you.

The way I see it is this:

The only certainty in life is your death. You can either “tiptoe through life hoping to make it safely to the grave” as Earl Nightingale so eloquently put it, or you can follow your heart and take a leap of faith.

Either way, you're going to die.

It's the quality of your life before that happens that matters.

It's going to matter to your kids and your grandkids and maybe even your great-great grandkids.

You can either live your life as an example and have an adventure, or play it safe and be remembered as a warning of how not to do it!

On that note, I'd also point out that, where jobs are concerned at least, very few if any are actually safe. When I joined the British National Health Service in 1976 my father told me I had a job for life - and he was pleased.

A decade later, with Mrs. Thatcher heading the UK government, nurses jobs were under threat. Although I never did lose my job, cuts within the NHS continue to this day.

Feel the Fear & Quit The Day Job Anyway

We live in a time when there has never been more opportunity. Anyone, with a laptop and an internet connection, can start a business and reach an audience of literally millions for the tiniest fraction of what it used to cost to set up a “brick and mortar” business - in both time and money.

All you need is an idea.

Technical skills you can buy, or learn from Youtube very often!

There are no limits - except those you decide are in your own way.

Whatever you decide, I hope you have a fulfilling and joyful life.

If you would like more from me, then please add your name to my waiting list for a free consultation at [http://
wizardofwisdom.com/privatecoaching](http://wizardofwisdom.com/privatecoaching)